



LATE CANCELLATION AND NO SHOW POLICY

At Retreat Wellness, we believe that your mental health, well-being, and functioning is a priority. Therapy is a time commitment and an investment in yourself and your personal growth. Progress in therapy means being committed to, and consistent in, this process. Regularly canceling or not attending scheduling appointments impacts treatment effectiveness and results.

Therapy sessions are scheduled as standing appointments to accommodate busy schedules and to promote consistency. Canceling multiple sessions in a row (three weekly sessions or two bi-weekly sessions), or five sessions within a 3-month period, may result in the need to schedule week to week (based on availability). Continuing to cancel weekly scheduled appointments will result in termination of the therapeutic relationship*. Appropriate referrals will be offered.

Missing an appointment without notice will be considered as a no show. No show appointments that are not reschedule within 24-hours, will result in the termination of the therapeutic relationship*. Appropriate referrals will be offered.

If you are more than 15-minute late to your appointment, it will be treated as a late cancellation.

A fee of \$50.00 will be charged if you miss or cancel an appointment without giving 48-hours advance notice. You can cancel your appointment by calling, texting, or emailing.

*You may return to therapy at any time; however, you may be placed on a waiting list if Retreat Wellness does not have openings. This is standard practice with most therapy agencies and private practice offices.

I, _____, agree to the above stated terms regarding therapy services I receive at Retreat Wellness, LLC.

Signature of Responsible Party

Date